

# HOW TO PICK A TEAM BUILDING GAME

Find the perfect exercise to fit your time, budget and goals.

## What is my goal?

### RAISE AWARENESS OF ISSUES, STYLES, & ROLES

- \$ Helium Stick (25)
- \$ Team Dynamics Thumball (30)
- \$ Marshmallow Challenge (45)
- \$\$ Challenging Assumptions (30)

30 m

### BUILD SKILLS

90 m

#### LISTENING

- \$ Murder Mystery (30)
- \$ Workstations (60)
- \$ Colourblind (90)
- \$ Tangrams (30)

#### PROCESS IMPROVEMENT

- \$ Pass the Chicken (45)
- \$\$\$\$ Symbols (60)
- \$\$\$\$ Tall Ships (2 hr)

#### “CO-OPETITION”

- \$ Win. Win. Win. (45)
- \$\$\$ Common Currency (90)
- \$\$\$\$ T-Trade (60)

#### COMMUNICATION

##### WITHIN GROUP

- \$ River Crossing (40)
- \$ Toxic Waste (30)
- \$\$ Toobeez (10-120)
- \$\$\$ Blocked Perspective (60)
- \$\$\$ Symbols (60)
- \$\$\$ Leadout (2-3 hr)
- \$\$\$\$ Tall Ships (2 hr)
- \$\$\$\$ Colourblind (90)

##### STYLES

- Style Play Cards (30)
- Team Building In-A-Box (60)
- My Communication Style (60)

##### BETWEEN GROUPS

- \$ Seeing the Point (15)
- \$\$\$\$ Communication Derailed (3 hr)
- \$\$\$\$ Minefield (90)
- \$\$\$\$ Chainlink (cust/supplier) (90)

### BRING TEAM TOGETHER

45 m

#### TALK ABOUT OUR DYNAMICS

- \$ Team Dynamics Thumball (30)
- \$ Murder Mystery Game (30)
- \$\$ Images of Organizations (30)

#### PROBLEM SOLVE TOGETHER

- \$ Murder Mystery (30)
- \$ Zin Obelisk (30)
- \$ Marshmallow Challenge (45)
- \$ Pipeline Challenge (15)
- \$ Seeing the Point (15)
- \$ River Crossing (40)
- \$ Perfect Square (45)
- \$ Straw Structures (45)
- \$ Tangrams (30)
- \$\$\$ Blocked Perspective (45-60)
- \$\$\$ BlueKit (45)

#### BUILD RELATIONSHIPS

- \$ Thumballs (15-60)
- \$ UNZIP-it! Decks (15-60)
- \$ View-Changer Cards (30)
- \$ WeConnect Deck (20)
- \$ Minefield Maze (30-45)

### (DON'T FORGET TO Debrief)

Ask key questions to help your group process the learning experience. ASK:

1. What happened?
2. How did you feel?
3. What worked?
4. What would you do differently?
5. How can we apply the learning to the real world?

**Time estimates (in parentheses) include a short debrief.** Plan on more time for a richer discussion.