

# HOW TO PICK THE BEST FIDGET TOYS

## 10 WAYS to choose the tool that's best for YOUR NEEDS!

1

### MATERIAL

What's it made of?



Pick materials that are personally pleasing! Firm, flexible, furry, hard, smooth, squishy – whatever floats your boat!

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### WHO

Kids? Adults?  
Personal use?  
Community use?

If you plan on sharing, choose fidgets that can be easily cleaned. Stay away from putty, sand and clay.



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### MOTION

Do you like to twist, swirl, bend, flex or squeeze?

Become a master of movement with fidgets you can mold, manipulate, click, squeeze or rotate.

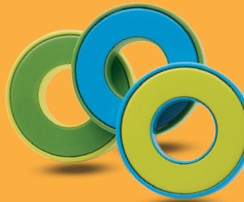


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### SIZE

Prefer pocket toys, one-handers or bigger handfuls?

Go incognito and hide your fidget in a pocket or under a desk. Or, engage more muscles with a chunkier choice.



### EYE-CANDY

Are good looks a plus or distracting?

Colorful, eye-catching fidgets set a playful tone, but fidgets shouldn't be too distracting or mesmerizing.

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### SOUND

Is silence golden or are simple sounds suitable?

Respect your environment and save loud fidgets for more boisterous settings.

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### COST

Buy a bunch at a low cost or choose one snazzy favorite!

Find fidgets for any budget. Low-cost fidgets are great giveaways. Spend more on therapeutic toys that won't get lost!

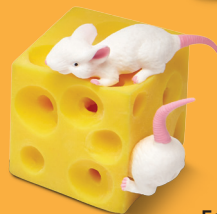


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### DURABLE

Are users rough or gentle?

For fidgeters who put their toys to the test, avoid gel balls and other items that can be punctured or snapped.



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### FUN FACTOR

Focus on fun or function?

Sometimes you just want your fidget to make you smile.



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### WEIGHT

Need some heft or is lightweight better?

Heftier fidgets can feel more substantial and satisfying. Stay clear of flimsy fidgets.

