

GET TO KNOW PEOPLE BETTER! HOW DEEP CAN YOU GO?

Thumballs provide discussion prompts to get the conversation started

ICEBREAKER QUESTIONS

surface questions to stimulate casual conversation

ICEBREAKER

MOVE YOUR BODY

WHAT MAKES YOU YOU?

FAVORITES



Pick the level that's right for your group



COMMON GROUND

discover shared interests and build new relationships

MEETING ZEST

WHICH ARE YOU?

MEET & GREET

COMMON GROUND

GETTING TO KNOW YOU

probing prompts that get to the real you

GETTING TO KNOW YOU

GET HAPPY AT WORK

SHAPED BY OUR PAST

SESSION OPENERS



DEEP DIVES

deeper discussions to address specific challenges

TEAM DYNAMICS

STRESS MANAGEMENT

SAFETY

DIVERSITY

BE A LEADER

TRUST

ONWARD & UPWARD

WORKPLACE ETHICS

